



2019 U14 Football League Rules



<u>Pitch Size:</u> Full Adult Pitch =	Length: 130m (min) – 145m (max)
	Width: 80m (min) – 90m (max)
Reduced Pitch =	Length: Juvenile Goals on 20m line (min) - 13m line (max)
	Width: 80m (min) – 90m (max)
7-a-side Pitch =	Length: 80m (min) – 90m (max)
	Width: 50m (min) – 70m (max)

Number of Players:

Roinn 1, 2, 3	11-15 players	<u>15-a-side</u> must be played for Playoffs, Semi-Finals, & Finals.
Roinn 4, 5, 6, 7, 8	7-15 players	<u>13-a-side minimum</u> must be played for Playoffs, Semi-Finals, & Finals

Games are to be played at the highest number available for selection. If eligible players are present, then clubs are to play maximum players. If a player receives a genuine injury, clubs are to reduce their playing numbers to match. Clubs are not to reduce numbers for disciplinary reasons i.e. Black or Red cards.

If both teams have 15 players available, both teams will play 15-a-side. Agreement will be signified by 15 players fielding.

Coiste na nÓg encourages teams to play 15-a-side where possible at U14 level

Pitch Size:

Roinn 1, 2, 3	Full Adult Pitch
Roinn 4, 5, 6, 7, 8	Reduced Pitch

All games played at **10-a-side, 11-a-side or 12-a-side** shall be played on the **Reduced Pitch**.

All games played at **9-a-side or less** shall be played on the **7-a-side Pitch**.

Rules

1. The playing time shall consist of two periods of 25 minutes each at 13-a-side, 14-a-side & 15-a-side.
2. The playing time shall consist of two periods of 20 minutes each at 12-a-side and lower.
3. **SILENT SIDELINES** are enforced.
4. All games will be played as fixed by Coiste na nÓg. No requested changes will be considered unless there are exceptional circumstances. All games will be played as fixed or a club(s) will concede the fixture.
Any club(s) that does not fulfil a fixture will be dealt with as per the Official Guide.
5. If extra time is necessary, **5 minutes** per half will be played. If still level after extra time, a best of 5 free kicks competition will decide the winner. All knockout games must finish on the day.
6. Both small & large rectangles must be marked on Full Adult Pitch.
7. Small rectangle should be marked on Reduced Pitch.
8. 'Square Ball' and Penalties will be used.

9. Pitches must be flagged and marked appropriately.
10. Flags are needed at 13m, 20m, 45m, & halfway lines on Full and Reduced pitch.
11. A size 4 football must be used.
12. Clubs shall forward a list of their **best 15 players** to Rúnaí Coiste na nÓg an Mhí before the commencement of league if fielding a second team. Another 15 players must be named if fielding a third team.
13. Players named on this list shall not be eligible to play with second or subsequent teams.
14. Players should not play with two teams on the same day.
15. **Coiste na nÓg shall appoint all referees.**
16. **All members of the team panel should participate in the game.**
Coiste na nÓg recommends that all players play at least half of each match.
All clubs should be encouraged to promote an equal playing time ethos where younger players are not playing above their grade unless necessary due to a lack of numbers within a catchment area.
17. **Substitutions shall be unlimited.** All substitutions must be made in a break of play.
All players are to be on the team list. This list must be presented to the referee in **Irish**, in **BLOCK CAPITALS**, and **in duplicate** before the commencement of the game(s).
Teams must use the official team list supplied by Coiste na nÓg.
All players must have their unique GAA registration number on this form.
18. Where a club fails to observe the rules regarding the use of all substitutes, that club shall forfeit the match and may be disqualified from the competition.
19. Where both clubs in the same match fail to observe the rules regarding substitutes the match shall be deemed void and both clubs may be disqualified from the competitions.
20. Play shall be limited to **2 touches** (i.e. one hop and one solo or two solos).
21. Normal scores apply. Goal equals 3 points and a point equals 1 singular point.
22. In all instances where the referee moves the ball forward, the ball shall be moved **30m not 13m.**
23. Free kicks may be taken from the ground or from the hand.
24. **Mentor(s) must identify themselves to the referee.** All mentors must wear a distinctive coloured bib. If a person is not wearing a bib, then they shall not be considered a mentor by the referee.
Failure for mentors to wear distinctive coloured bibs will mean they will not be allowed inside the playing enclosure.
Only Team Officials can enter the pitch enclosure to a maximum of **8**. This includes all water/hurley carriers, medical personnel, and the Club Secretary/Chairperson. All Team Officials must be 18 years old. Clubs must ensure that this is implemented.

No mentor can be on the pitch. Only medical personnel can enter the pitch area when permitted by the referee. **SILENT SIDELINES are enforced.**

A club that does not adhere to Rule 24 listed above may be fined €200 minimum per game and mentors will be dealt by Rule 7.2 of the Official Guide.

Any mentor that continually encroaches on the field will not be allowed to be on the sideline for the remainder of the U14 Hurling and Football Leagues.

25. The travel expenses for all certified Referees shall be as follows:

- U12 - €15 per team per game
- U13/U14 - €20 per team per game

26. Referees' expenses shall be split between teams playing on the day. Each club is to responsible for paying the Referee directly before the game starts. A team's official team list must be presented to Referee at least 5 mins before the throw in alongside the Referees' expenses.

27. Any team that refusing to pay Referees' expenses/or does not present their team list correctly will be fined minimum €200. The club must also pay the travel expenses that were initially not paid.

28. If no neutral referee present, visiting team has choice of an **official** referee.

29. **If no official referee present, then game is not to be played under any circumstance.**

30. Check opponent's colours in case of clash, **home team must change**. If in a neutral venue, then **both teams change**.

31. Detailed Regulations governing the organisation and presentation of all Inter-Club Games at U12, U13, and U14 level in Meath GAA will be sent to clubs. These must be followed in all games. There will be an emphasis on these at finals and they must be strictly adhered to and they will be monitored by Coiste na nÓg.

Coiste na nÓg an Mhí is mindful of the GAA Give Respect Get Respect campaign and has drawn up these Regulations for the benefit of all stakeholders – players, referees, team management, officials, media, members and spectators.